



St Paul's C/E Infant School
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Headteacher's Newsletter – 16th March 2020

Coronavirus (COVID-19) – Update 4

As of Friday the advice given means that anyone with the following symptoms

- A high temperature
AND/OR should stay at home.
- A **NEW CONTINUOUS** cough

It does not matter how mild the symptoms are, the person with the high temperature and/or cough must not leave the house for 7 days. It is very likely that children's symptoms will be very mild and pass quickly but it is absolutely vital that they do not leave the house for 7 days. *This is to protect others.*

Further advice can be found on the NHS website -

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

I know that this will be difficult for everyone and particularly if your child has symptoms but the advice is

- Don't leave the house at all, not even for a walk. (It is OK to use your own garden if you have one)
- Do not go to any public places
- Stay at least 2 metres (about 3 steps) away from other people in your home if possible
- Don't share food, drink, toothbrushes, cutlery, glasses, plates, towels etc
- Sleep alone
- Wash your hands regularly for 20 seconds, each time using soap and water, or use hand sanitiser

It is really important that anyone who has symptoms stays away from vulnerable individuals, such as the elderly and those with underlying health conditions for at least 7 days, even if they are feeling better.

At this time the of writing

- The two family members that I wrote to you about last week have NOT tested positive
- People showing mild symptoms are now unlikely to be tested
- We have 4 children (3 from Elm Class and 1 from Beech Class) who have been kept at home by parents as they had some mild symptoms. They will not be able to return to school for one week.
- One Beech Class child developed a cough today. He was isolated in my office until he was collected. We will ensure a really good clean of all surfaces this evening. He will not be able to return until next Tuesday (24th)